

Monday

Tuesday

Wednesday

Thursday

Friday



CLOSED FOR LABOR DAY

5 All-Natural Chicken Strips (EF, DF) *available GF
Mozzarella Breadsticks (V) w/marinara
Clementines
Carrots (cooked for infants)

6 Quesadillas (V / Chicken) (EF) Corn tortilla for GF
Sunflowerbutter & Jelly* (V, EF, DF)
Fresh Pineapple
Corn (substitute for infants)
**bread contains sesame*

7 Grilled Cheese (V, EF)
Roasted Veggie Street-Wrap (GF, EF, DF, V)
Melon
Veggie Medley

1 All Beef Hamburger (EF, DF)
Gluten Free (no bun)
Bean Burrito (V, EF)
Fruit Salad
Diced Potatoes
**buns contain sesame*

8 Jack's Homemade Cheese Pizza (V, EF available GF)
Asian Noodle Salad (V, DF)
Bananas
Caesar Salad (or cucumber coin sub)

11 Biscuits & Turkey Sausage (EF) or Biscuits & Cheese (EF, V) **OR** All Natural Chicken Strips (DF, EF) *available GF
Clementines
Hash Browns

12 Chicken Parm Pasta
Pasta Marinara (V, EF, DF)
GF Pasta Marinara (V, GF)
Fresh Melon
Green Beans

13 Orange Chicken w/brown rice and Broccoli (DF)
Asian Noodle Salad (V, DF)
GF Chicken Strips (GF, EF, DF)
Fresh Pineapple
Broccoli (included in entrée)

14 Turkey Sammy *(DF, EF)
Cheese Sammy* (V, EF)
DIY Turkey & Cheese w/ GF Crackers (GF)
Grapes (or substitute)
Cucumber Coins
**bread contains sesame*

15 All Beef Hamburger (EF, DF)
Gluten Free (no bun)
Bean Burrito (V, EF)
Fruit Salad
Diced Potatoes
**buns contain sesame*

18 All-Natural Chicken Strips (EF, DF) *available GF
Mozzarella Breadsticks (V) w/marinara
Clementines
Carrots (cooked for infants)

19 Jack's Mac (V, EF)
Pasta Marinara (EF, DF)
*GF Pasta Marinara
Fresh Melon
Broccoli

20 *NEW* Stir Fry (rice, green beans, bell peppers, carrots, stir-fry sauce. Available with or without chicken) (V, DF, EF) *contains soy
DIY GF Crackers & Turkey
Whole Apples or Bananas
Veggie Medley (if not getting stir fry)

21 BBQ Chicken Slider
**buns contain sesame (GF no bun)*
Sunflower Butter and Jelly
Fresh Pineapple
Baked Beans (or substitute)

22 Jack's Homemade Cheese Pizza (V, EF available GF)
Asian Noodle Salad (V, DF)
Bananas
Caesar Salad (or sub)

25 French Toast Sticks w/ turkey sausage | yogurt (V)
All-Natural Chicken Strips* (EF, DF) *GF Available
Bananas and Hash Browns

26 Cheese Ravioli (V)
Pasta Marinara (V, DF, EF)
*Available GF
Clementines
Green Beans

27 Fish & "Chips" (DF) (P)
Cheese Sammy (V, EF)
DIY Turkey & Cheese w/ GF Crackers (GF)
Pineapple
Tater Tots

28 Chicken or Cheese (V)
Enchiladas (EF)
All-Natural Chicken Strips* (EF, DF) *GF Available
Fresh Melon
Corn-off-the-cob (or substitute)
**bread contains sesame*

29 All Beef Hamburger (EF, DF)
Gluten Free (no bun)
Bean Burrito (V, EF)
Fruit Salad
Veggie Medley
**buns contain sesame*